This unit will look at how can become an active citizen and the different methods you can use to do this. These **methods** might be signing a petition which is a document that with lots people sign to show how strongly you feel about an issue, or volunteering to taking part in a project to bring about change. There are lots of different ways to be involved.

In this unit, you will hear some true stories about the different methods people have used in campaigns. There are lots of creative examples which show the many different ways there are to be an active citizen.

There will be two main stories. The first is the Lift the Ban campaign, supporting the right of Asylum Seekers to work in the UK. The second is about Black Lives Matter, fighting against racism. There will also be some other examples you can choose to explore further. Then there will be some ideas about what we can learn from these stories. After this there are some activities you can try yourself.

We hope you enjoy learning about all these stories and that it helps you think about the different ways you might become a more active citizen.